

Breakfast* - Served until 11:00

Snack Sandwich	2.50
English muffin, egg, & Tillamook cheddar cheese	
Add Ham, Bacon, or Sausage	4.00
Snack Burrito	4.50
Two eggs, & two choices from the scramble menu, all wrapped in a warmed flour tortilla	
Grande Burrito	6.00
Two eggs, hashbrowns, fresh salsa, & cheese with choice of ham, bacon or sausage	
Light Breakfast	3.50
1 egg, 1 bacon, ½ hashbrown, 1 toast	
All American	4.50
Two eggs, hashbrowns, & Toast	
Add Bacon or Sausage	6.00
Build Your Own Scramble	5.00
Served with hashbrowns. Two choices included (addtl .75ea)	
Ham Chicken Broccoli Bell Peppers	
Bacon Turkey Mushrooms Tomatoes	
Sausage Cheese Onions Spinach	

Beverages

	12oz	16oz	20oz
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Latte	3.00	3.50	4.00
Caramella	3.50	4.00	4.50
Chai	3.00	3.50	4.00
Americano	2.00	2.50	3.00
Mocha	3.50	4.00	4.50
White Chocolate	3.50	4.00	4.50
Hot Chocolate	3.00	3.50	4.00
Single Espresso	1.00	2.00	3.00
Drip Coffee	2.00	2.25	2.50

Other Beverages

Fountain Soda	2.00/2.50
Iced Tea	2.00/2.50

Add flavor to
any drink \$.50

TO GO MENU

**Cafe at the
Labor & Industries**
350 Winter St
Salem OR 97301

Hours of Operation
Monday-Friday 7:00-3:00

503-375-2081
503-375-2578 (fax)

cafe@sassyonion.com



Many of our menu items
can be made using
Gluten Free Ingredients
Ask your server for details

Salads

Garden Salad Bar 4.50/7.00

A trip through our delicious build your own salad bar

Chef 7.50

Mixed greens topped with turkey, ham, tomatoes, red onions, hard boiled egg & sliced cucumber

Crispy Chicken Salad 8.00

Crispy chicken on a bed of spinach tossed with roasted red peppers, crisp bacon, tangy honey mustard & topped with Parmesan cheese

Killer Kale Salad 8.00

A delicious blend of kale, broccoli, brussel sprouts, radicchio, dried cranberries, toasted walnuts, parmesan cheese and our house mojo dressing

Asian Chicken Salad 8.00

Mixed Greens tossed with cilantro-lime dressing, peanuts, crisp noodles, cilantro and green onions topped with sliced chicken breast & peanut sauce

Quinoa Salad 6.50

Quinoa is an ancient grain from Latin America. We toss it with lemon juice, olive oil, tomatoes, cucumbers, black beans, red onion, bell peppers, avocado, and cilantro

Deli

Simple Sandwich half 5.00

Choice of turkey, ham, or Bacon.

Served with lettuce, tomato, pickle & mayo full 7.50

Gouda Nuff Club 8.50

Soft Ciabatta roll with smoked turkey, bacon, creamy Gouda cheese, leaf lettuce, tomato, and 1000 island dressing

Tri-tip Trip 8.50

Soft Ciabatta roll with smoked tri-tip, creamy horseradish, pickled onions, lettuce, tomato, provolone, and cream cheese

Thai Chicken Wrap 7.50

Lettuce, peanuts, chicken, carrots, & Thai peanut sauce

Chipotle Chicken Wrap 7.50

Chipotle ranch, red onions, mixed cheese, lettuce, tomatoes & crispy chicken or mesquite chicken

Honey Mustard Turkey Wrap 7.50

Turkey, lettuce, honey mustard dressing, cranberries, dijon mustard, tomatoes & provolone cheese

Sriracha BBQ Beef Wrap 7.75

Smoked tri-tip, grilled onions, and roasted red peppers tossed in a Sriracha BBQ sauce. All wrapped in a spinach-flour tortilla with lettuce and tomatoes.

Finger Favorites

Crispy Chicken Breast Strips with Fries (2) 7.00

(3) 9.00

Basket of Fries or Tots 3.00

1/4lb Angus Burgers*

Substitute Chicken Breast or Meatless Quinoa Patty for free

Original Burger 5.50

Fresh baked bun, with lettuce, tomato, pickle & mayo Add Cheese 6.00

Bacon Cheeseburger 7.50

Two slices of bacon, Tillamook cheddar cheese, with lettuce, tomato, pickle & mayo

Sassy Burger 6.75

Lettuce, tomato, pickle, mayo, topped with grilled onions, onion straws, pepperjack cheese & sassy sauce

From the Grill

Grilled Turkey & Cheese 6.50

Oozing with three cheeses & thin sliced turkey Just cheese 5.00

Pesto Veggie 7.25

Crimini mushrooms, provolone cheese, red onions, roasted red peppers & pesto

Sante Fe Chicken 7.50

Mesquite chicken, roasted red peppers, red onions, chipotle ranch & pepperjack cheese

Club Melt 8.00

Ham, bacon, turkey, tomato & provolone cheese

Make it a meal-
add 20oz soda and
fries, tots, or kaleslaw
\$2.00

Or add fruit,
fries, tots, or kaleslaw
for just \$1.00

*Consuming raw or undercooked meats & eggs may increase your risk of foodborne illness, especially if you have a medical condition